**Counseling Services in Evanston**

In the case of immediate danger or your child’s symptoms worsen, take your child to the nearest emergency room or call the CARES hotline at 1-800-345-9049.

**Barr Harris Children’s Grief Center**

Evanston

518 Davis St., Evanston, IL 60201

847-492-1516

<http://barrharris.org>

To provide geographically and financially accessible therapeutic services to children ages 2-17 and families who have suffered a profound loss from death, divorce, abandonment, or other traumatic loss.

**Have a sliding scale fee for services.**

**Cathedral Counseling**

1509 Ridge Ave., Evanston, IL 60201

(312) 252–9500 x130

<http://www.cathedralcounseling.org/index.html>

Individual, group and family therapy, including DBT groups.

**Family Focus**

2010 Dewey Avenue, Evanston, IL 60201  
(847) 475-7570  
[evanston@family-focus.org](mailto:evanston@family-focus.org)

Family Focus offers a variety of programs for parents, families, children, and teens. Some examples are parent training and support (especially teen parents), general advocacy, after school programs, tutoring, recreation, discussion groups, educational field trips, and a number of special events.

**The Family Institute**

618 Library Place,

Evanston, IL. 60201

p. (847) 733-4300 f. (847) 773-0390 24-hr hotline (312) 908-0544

[www.family-institute.org](http://www.family-institute.org)

Individual, marital, group, and family therapy for all ages

**Have a sliding scale and free counseling with interns.**

**Metropolitan Family Services**

820 Davis St  
Evanston, IL 60201

(P) (847) 328-2404 (F) (847) 328-1295

[metrofamily.org](http://maps.google.com/local_url?q=http://www.metrofamily.org/&dq=family+services+in+evanston&ie=UTF8&oe=utf-8&client=firefox-a&fb=1&view=text&cd=1&hl=en&sll=42.041766,-87.703868&sspn=0.053443,0.056545&latlng=42046589,-87682855,11451079673120899848&ei=3PA2SZPiM5HENrWO6bkI&oi=miwd&sa=X&ct=miw_link&cad=homepage&s=ANYYN7nIWyv7Il-dCHBSGKyvrAI-zqI86A" \t "_blank)

Metropolitan Family Services offers programming for child and youth development, violence prevention, counseling and mental health services (in-school counseling), child welfare, and advocacy. Additional Metro offers services to the aging, community development, and state level advocacy.

**Music Institute of Chicago**

Institute for Therapy through the Arts

<https://www.musicinst.org/clinical-services>

Individual and group therapy services in arts, music, drama or dance/movement.

2008 Dempster Street

Evanston, IL 60202

847.425.9708

Fax: 847.425.9728

**North Shore Pediatric Therapy**

*Phone: 877-486-4140*

*2530 Ridge Ave., Evanston, IL*

There are dedicated treatment rooms specializing in feeding concerns, speech and language therapy, occupational therapy, social work, neuropsychology testing, ABA, behavior therapy, diet, physical therapy and academic concerns.

**North Shore University Hospital Department of Psychiatry**

*Phone: 847-570-2000*

*2650 Ridge Ave. Evanston, IL*

Outpatient programs for eating disorders, addiction, post-partum depression, anxiety, and depression. Special programs for teens and young adults.

[*http://www.northshore.org/clinicalservices/mentalhealth/*](http://www.northshore.org/clinicalservices/mentalhealth/)

**Pediatric Rehab Services-Evanston Hospital**

*Phone: 847-663-2300*

*9811 Woods Dr. H-190*, *Skokie, IL 60077*

*http://www.northshore.org/clinicalservices.pediatrics/rehab*

The Pediatric Clinic of North Shore University Health System provides a multidisciplinary team approach, which includes Occupational Therapy, Physical Therapy and Speech Language Therapy for children with special needs, from birth through adolescence. Individual and group therapy interventions are available at the clinic. In some cases the clinic accepts insurances that are accepted by North Shore University Health System. Parents are responsible for verifying coverage prior to initiation of therapy. We also accept funding sources through the Illinois Early Intervention Program, as well as those funded through the Department of Specialized Care for Children.

**Peer Services, Inc**

*Phone: 847-492-1778*

*906 Davis St. Evanston, IL*

Treatment for drug dependency and addiction. Extensive substance abuse prevention counseling for adults and youth.

[*http://www.communityresources.net/peerservicesinc.html*](http://www.communityresources.net/peerservicesinc.html)

**Trilogy Mental Health Crisis Line**

*Phone: 800-322-8400*

24-hour crisis telephone line for Evanston residents. Counseling, either by telephone or in-person, to help reduce the immediate emotional stress

**Urban Balance**

Phone: (888)726-7170x1

990 Grove St. Ste 405, Evanston, IL 60201

Individual, group and family therapy, accepts most insurance.

**Womencare Counseling Center**

*Phone: 847-475-7003*

*1740 Ridge Ave. Ste 201, Evanston, IL 60201*

Womencare was founded by [Laurie Kahn](http://www.womencarecounseling.com/laurie-kahn.htm) in 1978 with the goal of meeting the special needs of women and their partners, friends and families. At Womencare, we believe that positive change occurs as a result of collaborative partnerships. In service of this understanding, we use a relational model that is non-pathologizing and empowering.

**Have a sliding scale fee for services.**

<http://www.womencarecounseling.com/>

Counseling Services Outside of Evanston

**Jewish Child and Family Services**

855-ASK-JCFS

<http://www.jcfs.org/programs-services/counseling-and-support/adult-child-and-family-therapy>

Child, family and individual therapy, social skills

Multiple locations including Skokie and Northbrook

**Art and Soul Chicago**

<http://www.artandsoulchicago.com/rates_insurance.html>

773.878.7685

Insurance: BCBS

Individual, group and family therapy

Located in Andersonville

Therapists

Erica Berg, PsyD

[636 Church St #515 Evanston, IL 60201](https://www.google.com/url?sa=D&oi=plus&q=https://maps.google.com/maps?expflags%3Denable_star_based_justifications:true%26ie%3DUTF8%26cid%3D3811317328293272359%26q%3DErica%2BA.%2BBerg,%2BPsyD%26iwloc%3DA%26gl%3DUS%26hl%3Den" \t "_blank)

(773) 987-1768

BCBS-PPO

Joanne Haas, LCSW

1830 Sherman Ave Ste 305, Evanston, IL 60201  
(847) 733-9043

Does not accept insurance, will provide coding for reimbursement, limited sliding scale available

Tom Kaplan, LCSW

1830 Sherman Ave Ste 305, Evanston, IL 60201  
(847) 869-7070

Met at U of C, was director of SW at Lakeshore hospital

Specializes children and adolescents

Dr. Katie Klehr (Northbrook)

1460 Techny Rd, Northbrook, IL 60062

(847) 480-4004

(847) 446-4800

Glen J. Veed, PhD. (Evanston)

2020 Dempster St. #202, Evanston, IL 60202

773-442-2048

Does not accept insurance